



## South Lake Primary School Safeguarding Curriculum overview 2023 - 24

	<b>Autumn 1</b> Setting up 3 R's – Staying safe in school. Fire drills	<b>Autumn 2</b> Anti-bullying week	<b>Spring 1</b> Internet safety day Fire drills	<b>Spring 2</b>	<b>Summer 1</b> Sun safety Fire drills	<b>Summer 2</b> Sun safety
<b>Nursery</b>	<b>Being me in my world</b> Being safe in the environment Washing hands and hygiene Getting to know our families Forest School – rules around personal safety Going home safety at the end of the session	<b>Celebrating difference</b> Being safe in the environment Washing hands and hygiene Forest School – rules and personal safety Food safety – cooking/Healthy eating Diwali/Bonfire Firework safety	<b>Dreams and Goals</b> Washing hands and hygiene People who help us Forest School – rules around personal safety	<b>Healthy Me</b> Washing hands and hygiene Healthy eating and oral health Growing life cycles Food safety – cooking/Healthy eating Forest School – rules around personal safety	<b>Relationships</b> People who help us Washing hands and hygiene Staying safe in the sun Forest School – rules around fire and personal safety Going home safety at the end of the session	<b>Changing Me</b> Washing hands and hygiene Food safety – cooking Oral health Staying safe in the sun Forest School – rules around fire and personal safety
<b>Reception</b>	<b>Being me in my world</b> Forest School – rules around personal safety, plants safety, moving around the woods safety. Going home safety at the end of the day	<b>Celebrating difference</b> <b>P6 – Standing up for yourself</b> Forest School – rules around personal safety, plants safety, moving around the woods safety. Diwali/Bonfire Firework safety	<b>Dreams and Goals</b> Forest School – rules around personal safety, plants safety, moving around the woods safety.	<b>Healthy Me</b> <b>P6 – Stranger Danger</b> Forest School – rules around personal safety, plants safety, moving around the woods safety.	<b>Relationships</b> <b>P4&amp;5 – Falling out and Bullying</b> Forest School – rules around personal safety, plants safety, moving around the woods safety.	<b>Changing Me</b> <b>P2 – Respecting my body</b> Forest School – rules around personal safety, plants safety, moving around the woods safety.
<b>Year 1</b>	<b>Being me in my world</b> Forest School – rules around fire and personal safety Going home safety at the end of the day	<b>Celebrating difference</b> <b>P3 – What is bullying?</b> <b>P4 – What do I do about bullying?</b> Forest School – rules around fire and personal safety Diwali/Bonfire Firework safety NSPCC – Pants	<b>Dreams and Goals</b> DT – Food tech – food hygiene and using kitchen utensils safely	<b>Healthy Me</b>	<b>Relationships</b> <b>P4 – People who help us</b>	<b>Changing Me</b> <b>P4 – Boys' and Girls' Bodies</b> Trip safety
<b>Year 2</b>	<b>Being me in my world</b> <b>P2 – rights and responsibilities</b> Forest School – rules around fire and personal safety Going home safety at the end of the day	<b>Celebrating difference</b> <b>P3 – Why does bullying happen?</b> Forest School – rules around fire and personal safety Safety in DT – Sawing Safe lifting – PE	<b>Dreams and Goals</b>	<b>Healthy Me</b>	<b>Relationships</b> <b>P2 – Keeping safe – exploring physical contact</b> <b>P4 – Secrets</b>	<b>Changing Me</b> Trip safety
<b>Year 3</b>	<b>Being me in my world</b> <b>P3 – rights and responsibilities</b> Food safety – Hunters and Gathers (History) Safe lifting – PE Trip safety	<b>Celebrating difference</b> <b>P2 – family conflict</b> <b>P3&amp;4 – Witness and feelings and witness and solutions</b> Safety in DT – using needles/scissors	<b>Dreams and Goals</b>	<b>Healthy Me</b> <b>P3 – Drug awareness</b> <b>P4 – Being safe</b> <b>P5 – Safe or Unsafe</b> Hygiene discussions	<b>Relationships</b> <b>P3 – Keeping myself safe online</b> Food safety in DT – cooking	<b>Changing Me</b>
<b>Year 4</b>	<b>Being me in my world</b> <b>P1 – inclusion</b> <b>P3 – Rights, responsibilities &amp; Democracy</b> Safe lifting – PE	<b>Celebrating difference</b> <b>P3 – understanding bullying</b> Food safety in DT – cooking	<b>Dreams and Goals</b>	<b>Healthy Me</b> <b>P3 – Smoking awareness</b> <b>P4 – Alcohol awareness</b> <b>P5 – healthy friendships</b> <b>P6 – Celebrating my inner strength and assertiveness</b>	<b>Relationships</b> Science – Electricity, staying safe when using equipment. Safety in the house	<b>Changing Me</b> Trip safety
<b>Year 5</b>	<b>Being me in my world</b> <b>P2 - Rights, responsibilities &amp; citizenship</b> Safe lifting – PE	<b>Celebrating difference</b> <b>P2 – Racism</b> <b>P 3&amp;4 – Rumours and name calling &amp; types of bullying</b>	<b>Dreams and Goals</b> Swimming – Water safety, coach safety	<b>Healthy Me</b> <b>P1 – Smoking awareness</b> <b>P2 – Alcohol awareness</b> <b>P4 – Body Image</b> <b>P5 – Relationship with food</b>	<b>Relationships</b> <b>P2-6 – online safety lessons</b> Bikeability – Road safety	<b>Changing Me</b> Trip safety
<b>Year 6</b>	<b>Being me in my world</b> <b>P2 - Global citizenship</b> Safe lifting – PE	<b>Celebrating difference</b> <b>P3 – power struggles</b> <b>P4 – why bully?</b>	<b>Dreams and Goals</b>	<b>Healthy Me</b> <b>P1 – Taking responsibility for my health</b> <b>P2 -Drug awareness</b> <b>P3 – Exploitation</b> <b>P4 – Gangs</b> <b>P5 – Emotional and mental health</b> <b>P6 – Managing stress and pressure</b>	<b>Relationships</b> <b>P4 – power and control</b> <b>P5 – Being online- real or fake?</b> <b>Safe or unsafe?</b> <b>P6 – Using technology responsibly</b> Science – Safe around electricity	<b>Changing Me</b> <b>P1 – body-image and self-image</b>  <b>Transition to secondary school</b>  Residential – How to stay safe away from home. Height and lake safety