

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 04/01/2021 25/01/2021 22/02/2021 15/03/2021	Option 1	NGCI Macaroni Cheese	Jacket Potato with Beans, Cheese or Tuna	Roast Chicken (No Stuffing) Roast Potatoes and Gravy	Plant Based Chicken Tikka Curry with 50/50 Rice	NGCI MSC Fish Fingers with Chips
	Option 2	Soya Bolognaise with NGCI Pasta		NGCI Potato & Courgette Stack with Roast Potatoes	Lentil & Sweet Potato Curry with 50/50 Rice	
	Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
	Dessert	NGCI Italian Chocolate Cake with Custard	NGCI Italian Vanilla Cake with Peaches	NGCI Crumble Topping with Pear filling and Custard	Apple and Cheese (No Crackers)	NGCI Vanilla Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two 11/01/2021 01/02/2021 01/03/2021 22/03/2021	Option 1			Roast Pork, Roast Potatoes & Gravy	NGCI Chicken and Red Pepper Pizza	NGCI MSC Fish Fingers with Chips
	Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta with NGCI Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy		Cheese Frittata with Chips
	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	NGCI Crumble Topping with Apple filling and Custard	NGCI Italian Chocolate Cake	Fresh Fruit	NGCI Italian Vanilla Cake with Pears	NGCI Vanilla Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three 18/01/2021 08/02/2021 08/03/2021 29/03/2021	Option 1	NGCI Cheese and Tomato Pizza	NGCI Chicken and Sweet Corn Pie , New Potatoes & Gravy	Roast Turkey, Roast Potatoes and Gravy	Cottage Pie with Gravy	NGCI MSC Fish Fingers with Chips
	Option 2				NGCI Broccoli Pasta Bake	
	Vegetables	Coleslaw Mixed Salad/Crudité's	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	NGCI Vanilla Shortbread	NGCI Italian Vanilla Cake with Banana	NGCI Crumble Topping with Peach filling	NGCI Chocolate and Beetroot Brownie	Peaches and Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

ALLERGY INFORMATION:

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 04/01/2021 25/01/2021 22/02/2021 15/03/2021	Option 1	Macaroni Cheese (No Garlic Slice)		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Plant Based Chicken Tikka Curry with 50/50 Rice	Fish Fingers/Salmon Fish Fingers with Chips
	Option 2		Vegetarian Sausages, Mashed Potato and Gravy	Potato and Courgette Stack with Roast Potatoes	Lentil and Sweet Potato Curry with 50/50 Rice	Wholemeal Cheese and Tomato Quiche with Chips
	Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Custard	Peach Upside Down Cake	Pear Crumble and Custard	Apple, Cheese and Crackers	Vanilla Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two 11/01/2021 01/02/2021 01/03/2021 22/03/2021	Option 1		Plant Based Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy		Fish in Batter with Chips
	Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy	Vegetarian Tortilla Stack with Wedges	Cheese Frittata with Chips
	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	Mixed Fruit Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Apple and Raisin Flapjack	Pear Upside Down Cake	Orange and Lemon Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three 18/01/2021 08/02/2021 08/03/2021 29/03/2021	Option 1	Cheese and Tomato French Bread Pizza	Chicken and Sweet Corn Pie, New Potatoes and Gravy	Roast Turkey Fillet, Roast Potatoes and Gravy	Beef Cottage Pie with Gravy	Fish Fingers with Chips
	Option 2	Vegetable Enchiladas	Five Bean Chilli with 50/50 Rice	Vegetarian Wellington with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
	Vegetables	Coleslaw Mixed Salad/Crudité's	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie	Eves Pudding and Custard	Peach Crumble and Custard	Chocolate and Mandarin Brownie	Spanish Cinnamon Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

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	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One

**04/01/2021
25/01/2021
22/02/2021
15/03/2021**

Option 1	Macaroni Cheese		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Plant Based Chicken Tikka Curry with 50/50 Rice	Fish Fingers/Salmon Fish Fingers with Chips
Option 2	Soya Spaghetti Bolognese	Vegetarian Sausages, Mashed Potato and Gravy	Potato and Courgette Stack with Roast Potatoes	Lentil and Sweet Potato Curry with 50/50 Rice	Wholemeal Cheese and Tomato Quiche with Chips
Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
Dessert	Marble Sponge with Custard	Peach Upside Down Cake	Pear Crumble and Custard	Apple, Cheese and Crackers	Vanilla Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

Week Two

**11/01/2021
01/02/2021
01/03/2021
22/03/2021**

Option 1		Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges	Fish in Batter with Chips
Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice	Cheese Frittata with Chips
Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
Dessert	Mixed Fruit Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Apple and Raisin Flapjack	Pear Upside Down Cake	Orange and Lemon Shortbread

Or a choice of Yoghurt & Fresh Fruit available daily

Week Three

**18/01/2021
08/02/2021
08/03/2021
29/03/2021**

Option 1		Chicken and Sweet Corn Pie, New Potatoes and Gravy	Roast Turkey Fillet, Roast Potatoes and Gravy	Cottage Pie with Gravy	Fish Fingers with Chips
Option 2	Vegetable Enchiladas	Five Bean Chilli with 50/50 Rice	Vegetarian Wellington with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
Vegetables	Coleslaw Mixed Salad/Crudité	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
Dessert	Oaty Cookie	Eves Pudding and Custard	Peach Crumble and Custard	Chocolate and Mandarin Brownie	Spanish Cinnamon Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

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	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One 04/01/2021 25/01/2021 22/02/2021 15/03/2021	Option 1			Roast Chicken with Stuffing, Roast Potatoes and Gravy		Fish Fingers/Salmon Fish Fingers with Chips
	Option 2	Soya Spaghetti Bolognaise	Vegetarian Sausages, Mashed Potato and Gravy		Lentil and Sweet Potato Curry with 50/50 Rice	
	Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge (No Custard)	Peach Upside Down Cake	Pear Crumble (No Custard)	Apple and Crackers (No Cheese)	Vanilla Cookie

Week Two 11/01/2021 01/02/2021 01/03/2021 22/03/2021	Option 1		Plant Based Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy	Jacket Potato with Beans or Tuna (No Cheese)	Fish in Batter with Chips
	Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy		
	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	Mixed Fruit Crumble (No Custard)	Chocolate Cake with Chocolate Drizzle	Apple and Raisin Flapjack	Pear Upside Down Cake	Orange and Lemon Shortbread

Week Three 18/01/2021 08/02/2021 08/03/2021 29/03/2021	Option 1			Roast Turkey, Roast Potatoes and Gravy	Cottage Pie with Gravy	Fish Fingers with Chips
	Option 2	Jacket Potato with Tuna or Beans (No Cheese)	Five Bean Chilli with 50/50 Rice	Vegetarian Wellington with Roast Potatoes		Vegan Mexican Bean Roll with Chips
	Vegetables	Coleslaw Mixed Salad/Crudité	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie	Eves Pudding (No Custard)	Peach Crumble (No Crumble)	Chocolate and Mandarin Brownie	Spanish Cinnamon Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

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**Wokingham Borough Council
Milk and Soya Free Spring Menu 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One						
04/01/2021 25/01/2021 22/02/2021 15/03/2021	Option 1	Jacket Potato with Beans or Tuna (No Cheese)		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Fish Fingers/Salmon Fish Fingers with Chips	
	Option 2		Vegetarian Sausages, Mashed Potato and Gravy		Lentil and Sweet Potato Curry with 50/50 Rice	
	Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge (No Custard)	Peach Upside Down Cake	Pear Crumble (No Custard)	Apple and Crackers (No Cheese)	Vanilla Cookie

Week Two						
11/01/2021 01/02/2021 01/03/2021 22/03/2021	Option 1		Plant Based Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy	Jacket Potato with Beans or Tuna (No Cheese)	Fish in Batter with Chips
	Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta	Quorn Roast Fillet with Roast Potatoes and Gravy		
	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
	Dessert	Mixed Fruit Crumble (No Custard)	Chocolate Cake with Chocolate Drizzle	Apple and Raisin Flapjack	Pear Upside Down Cake	Orange and Lemon Shortbread

Week Three						
18/01/2021 08/02/2021 08/03/2021 29/03/2021	Option 1			Roast Turkey, Roast Potatoes and Gravy	Cottage Pie with Gravy	Fish Fingers with Chips
	Option 2	Jacket Potato with Tuna or Beans (No Cheese)	Five Bean Chilli with 50/50 Rice	Vegetarian Wellington with Roast Potatoes		Vegan Mexican Bean Roll with Chips
	Vegetables	Coleslaw Mixed Salad/Crudité's	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie	Eves Pudding (No Custard)	Peach Crumble (No Crumble)	Chocolate and Mandarin Brownie	Spanish Cinnamon Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

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	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One

04/01/2021
25/01/2021
22/02/2021
15/03/2021

Option 1	Macaroni Cheese with Garlic Slice		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Plant Based Chicken Tikka Curry with 50/50 Rice	Fish Fingers/Salmon Fish Fingers with Chips
Option 2	Soya Spaghetti Bolognaise	Vegetarian Sausages, Mashed Potato and Gravy	Potato and Courgette Stack with Roast Potatoes	Lentil and Sweet Potato Curry with 50/50 Rice	
Vegetables	Sweet Corn Peas	Carrots Cabbage	Mashed Swede Cauliflower	Broccoli Carrots	Baked Beans Peas
Dessert	NGCI Italian Chocolate Cake with Custard	Italian Vanilla Cake with Peaches	Pear Crumble and Custard	Apple, Cheese and Crackers	Vanilla Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

Week Two

11/01/2021
01/02/2021
01/03/2021
22/03/2021

Option 1		Plant Based Mexican Beef Chilli with 50/50 Rice	Roast Pork, Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges	Fish in Batter with Chips
Option 2	Vegetable Hotpot	Tomato and Vegetable Pasta		Vegetarian Tortilla Stack with Wedges	
Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Green Beans	Baked Beans Peas
Dessert	Mixed Fruit Crumble and Custard	NGCI Italian Chocolate Cake	Apple and Raisin Flapjack	Italian Vanilla Cake with Pears	Orange and Lemon Shortbread

Or a choice of Yoghurt & Fresh Fruit available daily

Week Three

18/01/2021
08/02/2021
08/03/2021
29/03/2021

Option 1	Cheese and Tomato French Bread Pizza	Chicken and Sweet Corn Pie, New Potatoes and Gravy	Roast Turkey Fillet, Roast Potatoes and Gravy	Beef Cottage Pie with Gravy	Fish Fingers with Chips
Option 2	Vegetable Enchiladas	Five Bean Chilli with 50/50 Rice	Vegetarian Wellington with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
Vegetables	(No Coleslaw) Mixed Salad/Crudités	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
Dessert	Oaty Cookie	Italian Vanilla Cake and Custard	Peach Crumble and Custard	Italian Chocolate Cake	Spanish Cinnamon Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Daily salad selection

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