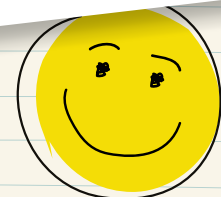


W

HAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/wbc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/wbc

In Partnership with:



Please visit the website for current updates



FRESH
+
HEALTHY
=
TASTY



DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal? ✓

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

ONE

TWO

THREE

AVAILABLE EVERY DAY...

1st Jan, 22nd Jan, 19th Feb
12th Mar

8th Jan, 29th Jan, 26th Feb
19th Mar

15th Jan, 5th Feb, 5th Mar
26th Mar

Chicken Chow Mein
Macaroni Cheese with Tomato Topping
Sweetcorn & Green Beans
Fruity Shortbread
Yoghurt / Fresh Fruit Platter

Beef Lasagne with Garlic Bread
Wholemeal Spinach & Tomato
Quiche with New Potatoes
Mixed Salad & Garden Peas
Apple & Mixed Berry Crumble
with Custard
Yoghurt / Fresh Fruit Salad

**Roast Gammon with Roast Potatoes
& Gravy**
Mixed Vegetable Loaf with
Roast Potatoes & Gravy
Carrot & Swede Mash
Cauliflower Florets
Apple, Cheese & Biscuits
Yoghurt / Fresh Fruit Platter

**Beef Meatballs in a Tomato Sauce
with Rice**
Potato & Courgette Layer Bake
Sweetcorn & Broccoli Florets
Pineapple Upside Down Cake
with Custard
Yoghurt / Fresh Fruit Salad

**MSC Breaded Fish with
Chipped Potatoes & Tomato Sauce**
Glamorgan Sausage with
Chipped Potatoes
Baked Beans & Garden Peas
Pear & Ginger Muffin
Yoghurt / Fresh Fruit Platter



**Hot Dogs with Homemade Tomato Sauce
& Homemade Jacket Wedges**
Vegetable Wholemeal Pasta Bake
Coleslaw & Green Salad
Pear Crumble with Custard
Yoghurt / Fresh Fruit Platter

**Wholemeal Barbecue Chicken Pizza
with Jacket Potato**
Lentil & Vegetable Curry with Rice
Roasted Vegetables
Banana Sponge with Custard
Yoghurt / Fresh Fruit Salad

**Roast Turkey with Roast Potatoes
& Gravy**
Cheese & Pepper Whirl
with Roast Potatoes
Broccoli & Sliced Carrots
Chocolate Cookie
Yoghurt / Fresh Fruit Platter

**Beef Spaghetti Bolognese
with Garlic Slice**
Mixed Bean Cassoulet
with New Potatoes
Green Beans & Sweetcorn
Apple & Berry Strudel with Custard
Yoghurt / Fresh Fruit Salad

**MSC Battered Fish with
Chipped Potatoes & Tomato Sauce**
Cheese & Tomato Pizza with
Chipped Potatoes
Baked Beans & Garden Peas
Chocolate & Orange Brownie
Yoghurt / Fresh Fruit Platter



Beef Macaroni Pastitsio
Chinese Vegetarian Spring Roll
with Oven Baked New Potatoes
Broccoli & Sweetcorn
Carrot & Sultana Cake with Custard
Yoghurt / Fresh Fruit Platter

**Turkey & Leek Pie with Mashed
Potato Topping**
Quorn Mince Pasta Bolognese
Cauliflower & Green Beans
Apple & Raisin Flapjack
Yoghurt / Fresh Fruit Salad

**Roast Chicken with Stuffing,
Roast Potatoes & Gravy**
Vegetarian Wellington
with Roast Potatoes
Shredded Cabbage & Carrots
Jelly with a side of Mandarins
Yoghurt / Fresh Fruit Platter

Beef Tortilla Stack with Garlic Slice
Chick Pea Aloo Chaat with Rice
Mixed Salad & Sweetcorn
Wholemeal Peach Crumble
with Custard
Yoghurt / Fresh Fruit Platter

**MSC Salmon Fish Fingers with
Chipped Potatoes & Tomato Sauce**
Cheese Tomato & Spinach
Frittata with Chipped Potatoes
Baked Beans & Garden Peas
Lemon & Cucumber Cake
Yoghurt / Fresh Fruit Platter



Jacket Potatoes
freshly cooked daily where
advertised with a choice of fillings

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad
items available daily

Fresh Fruit & Yoghurt
available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards

We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.

V Vegetarian option

Oily fish

Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY